

FUN & FITNESS IN THE PALM OF YOUR HAND

BENEFITS

User Type	Isometric Gyro Torque	Gyro Speed (RPM)	Lights	PowerDock	SpeedMeter
<i>DFX SPORTS & FITNESS</i> designs different products to meet the needs of all levels. BEGINNERS: Start off slow, rehab, stamina & toning. INTERMEDIATE: Aggressive sports training, build endurance & muscle building. ADVANCE: Total fitness & sports enthusiast.	<i>Isometric Gyro Torque</i> is the conversion of gyroscopic power to physical weight. The benefit to <i>Isometric Gyro Torque</i> is you control the amount of exercise weight generated at any given time allowing increased or reduced resistance on the fly to meet the workout needs.	Revolutions per minute the gyro spins. The faster the speed, the more <i>Isometric Gyro Torque</i> it generates.	Ultrabrite LEDs which illuminates brighter the higher it spins, which allows you to determine the speed and you get a stunning light show.	With a push of a button, the new <i>PowerDock</i> docking station activates the gyro hand exercisers. It just takes a few seconds to get the gyro up to operating speed.	The <i>SpeedMeter</i> measures the users performance - physical strength index, real time revolutions, highest RPM, and maximum number of revolutions. This allows measurement of success.

PRODUCT COMPARISON CHART

User Type: Beginner



User Type: Intermediate



User Type: Advance



MODEL	PRO	PRO PLUS	ARM SHAPER	POWERBALL AMBER	POWERBALL BLUE	POWERBALL GAMER	PLATINUM POWERBALL	IRONPOWER FORCE 1	IRONPOWER FORCE 2	V-POWER	XTREME STEEL	DYNAMAX CORE TRAINER	
Isometric Gyro Torque	30 lbs.	35 lbs.	40 lbs.	40 lbs.	40 lbs.	40 lbs.	45 lbs.	50 lbs.	55 lbs.	60 lbs.	60 lbs.	200 lbs.	
Gyro Speed (RPM)	13,000 RPM	13,500 RPM	14,500 RPM	14,500 RPM	14,500 RPM	14,500 RPM	15,000 RPM	19,000 RPM	19,500 RPM	20,000 RPM	21,000 RPM	8,000 RPM	
Lights (LED)	—	—	—	Amber	Blue	Blue	White,Blue,Green or Red	—	—	—	—	Red	
Color of Band	Black	Black	—	Transparent	Transparent	Transparent	Transparent	—	—	—	Black	Black w/Logo	
PowerDock Compatible	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	—	
SpeedMeter Compatible	—	✓	—	✓	✓	✓	✓	—	—	—	✓	—	
Power Cord	✓	✓	✓	✓	✓	✓	✓	—	—	—	✓	—	
Training CD	✓	✓	✓	✓	✓	✓	✓	—	—	—	✓	✓	
Price (MSRP)	\$27.95	\$32.95	\$39.95	\$42.95	\$45.95	\$54.95	\$47.95	\$99.95	\$109.95	\$119.95	\$119.95	\$299.95	
With Powerdock (MSRP)	\$43.95	\$49.95	—	\$57.95	\$59.95	\$69.95	\$62.95	??	??	??	—	—	
NOTES	Multiple packaging options available		Available in X-Grip Pro & TourGrip Package										

ACCESSORIES & KITS



MODEL	POWERDOCK	SPEEDMETER	STARTER STRING	WRIST CORD	TOP / BOTTOM SHELL	STEEL PARTS KIT	GYRO CASE	DYNAMAX BAG
Function	Gyro Automatic Starting	Measures Performance	Gyro Starter	Gyro Protector	Replacement Shell for entire unit	Replacement Parts	Protective Gyro Case	Replacement Parts
Features	<ul style="list-style-type: none"> Automatically starts gyro One button start Handy ball holder Requires 2 AA batteries 	<ul style="list-style-type: none"> Physical strength index Real time revolutions Highest RPM Maximum # of revolutions 	<ul style="list-style-type: none"> 5 pk Keep them anywhere for fast gyro sessions 	<ul style="list-style-type: none"> Protects gyro from nasty falls or drops Easy to install Durable 	<ul style="list-style-type: none"> Replaces damaged or worn out top & bottom shells Shell colors vary depending on model 	<ul style="list-style-type: none"> Replaces damaged or worn out parts inside the gyro Includes support band, washer set, wrist strap, starter string & blue cavity ring 	<ul style="list-style-type: none"> Stylish Carrying Case Protects gyro from scratches & major damages Small & compact 	<ul style="list-style-type: none"> Made of durable strength material Includes shoulder strap for easy carrying Stylish design Light weight
Compatible	All products except Dynamax Core Trainer & Xtreme Steel	All products except DFX SportsPro, Dynamax Core Trainer & ALL Handle Gyros	DFX SportsPro, Pro Plus, ArmShaper, Xtreme Dynagrip & Tourgrip	All products except Dynamax Core Trainer & Pro Handle Units & ALL Handle Gyros	Pro, Pro Plus & Powerballs	Xtreme Steel only.	Pro, Pro Plus & Powerballs	All exercise gyros
Price (MSRP)	\$18.95	\$16.95	\$1.50	\$1.75	\$6.49	\$3.95	\$9.95	\$49.95